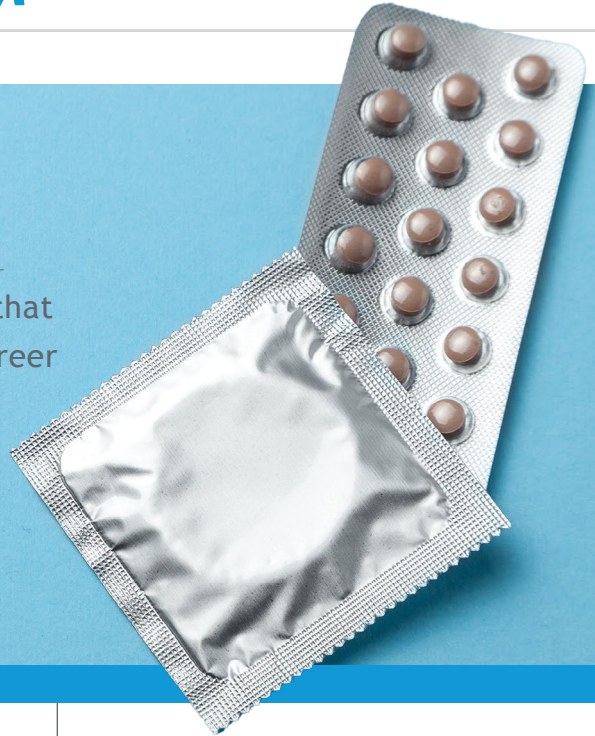


PUBLIC HEALTH IMPACT OF CONCEPTIVE CHOICE

Family planning health centers provide services that empower Coloradans to pursue education and career goals by allowing them to choose if and when to start a family. CDPHE's approach to family planning has had a profound impact on women's opportunities to stay in school, plan for college and pursue careers.



The Colorado Department of Public Health and Environment's (CDPHE) Family Planning Program has been successful in avoiding costs for state and federal programs while keeping women healthy.

CDPHE has been a grantee of Federal Title X funds since 1970 and contracts with local agencies to provide family planning services throughout Colorado. The program has received bipartisan support for the past 49 years and continues to be an integral piece of the public health system nationally and in Colorado.

Private funding from 2008–2016 allowed CDPHE to enhance existing federal and state funding to expand access to family planning services and lower the financial barriers to long-acting reversible contraceptives (LARCs). In 2016, the Colorado General Assembly increased its allocation to the family planning program funding to continue this successful practice.

The results of the Family Planning Program have been game changing. Access to contraception has helped cut teen pregnancy and abortion rates significantly and avoided millions in spending to entitlement programs.

COLORADO FAMILY PLANNING PROGRAM

Colorado Family Planning clinics play a critical role in ensuring access to a broad range of family planning and related preventive health services for millions of low-income or uninsured men and women, including:

- Patient education and counseling.
- Pelvic examinations.
- Breast, cervical cancer screening according to nationally recognized standards of care.
- Sexually transmitted disease (STD) and Human Immunodeficiency Virus (HIV) prevention education, counseling, testing and referral.
- Pregnancy and fertility counseling.
- Pregnancy tests and counseling. (By law, funds may not be used for programs in which abortion is a method of family planning.)
- Broad range of FDA-approved contraceptive methods.



**FAMILY PLANNING PROGRAMS EMPOWER COLORADANS,
SAFEGUARD OPPORTUNITIES AND KEEP PEOPLE HEALTHY**

OVER
VIEW

COLORADO FAMILY PLANNING PROGRAM

THE BOTTOM LINE



EVERY \$1.00 INVESTED IN HELPING WOMEN
AVOID PREGNANCIES THEY DID NOT
WANT REDUCED THE COST IN MEDICAID
EXPENDITURES BY \$7.09.

WITH AN INVESTMENT OF
\$25 MILLION OVER **8 YEARS:**

BIRTH RATE OF
15-19 YEAR OLDS:

**CUT BY
61%**



TEEN ABORTION
RATE:

**CUT BY
54%**

AVERAGE AGE OF 1ST BIRTH
INCREASED BY NEARLY

TWO YEARS

(25.9 YEARS TO 27.6 YEARS)

TEENS GIVING
BIRTH FOR THE
2ND OR 3RD TIME:

**CUT BY
68%**



BIRTH RATE
AMONG WOMEN
AGES 20-24:

**CUT BY
39%**

COSTS AVOIDED:

\$66.1 TO \$69.6 MILLION

"THIS INITIATIVE
EMPOWERED THOUSANDS
OF COLORADANS TO
CONTINUE THEIR
EDUCATION, FURTHER
THEIR CAREERS, AND
CHOOSE WHEN AND
WHETHER TO START A
FAMILY"

—State Health Department Staff

DO THE MATH

By reducing the number of births,
the state avoided spending to work
support programs.

PROGRAM	\$ IN MILLIONS
WIC	\$2.7 to \$3.4
	+
SNAP.....	\$5.2 to \$5.5
	+
TANF.....	\$5.8 to \$7.0
	+
Medicaid.....	\$52.3 to \$53.7
Total	\$66.1 to \$69.6